SUPPORT GROUP FOR SURVIVORS OF SEXUAL TRAUMA

CARES PROGRAM X COOK COUNSELING CENTER



SPRING SEMESTER 2024

Weekly meetings on Wednesdays from 5:00pm-6:00pm.

The first meeting will be on January 24th.

OUR GOALS AND OBJECTIVES:

- Bringing survivors together to assist them on their healing journey.
- Helping survivors realize that they are not alone and can heal together.
- Validating emotions and experiences.



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If interested, please contact Sarah or Taylor for further information.