Is your relationship healthy?  
If so, share it with us during October for a chance to win a date night downtown!

Background
The Red Flag Campaign works to prevent relationship violence by educating people on relationship violence and encouraging friends to say something when they see red flags in friends’ relationships. We think that education about red flags is only part of the solution – to truly prevent relationship violence we need to show people what a healthy relationship can be like. The #HealthyRelationship Project highlights healthy relationship characteristics and showcases the many diverse, loving, and healthy relationships in the Hokie community.

What are characteristics of healthy relationships? Communication, trust, connection, balance, safety, and healthy boundaries. Tell us the ways these are present in your relationship.

What types of relationships are we looking for? All types of intimate/romantic relationships. If you are in an interracial, polyamorous, same-gender loving, same-sex, interfaith, intercultural, straight, or any other type of relationship, please participate! We want people from all racial and ethnic communities and all levels of ability to participate.

Description
Tweet or Instagram a picture representing your healthy relationship! It could be a picture of you and your partner or an image that symbolizes your healthy relationship. Tell us in the tweet or the caption of your Instagram picture what makes your relationship healthy.

Make sure to tag the Women’s Center (see below) and use #HealthyRelationship.

Twitter: @VT_WC
Instagram: womenscentervt

Disclaimer
Submissions must follow Principles of Community, Student Code of Conduct, and Acceptable Use Policy. The Women’s Center reserves the right to untag and/or block inappropriate submissions, those that promote violence or disrespect, or violate the spirit of the Red Flag Campaign.

Contest Rules
Submissions between October 1 and October 31st will be entered into a drawing to win dinner and a movie in Blacksburg. To be eligible for the drawing, submissions must be posted between October 1 and October 31, 2013; have tagged the Women's Center in the post; have #HealthyRelationship in the caption; be from someone affiliated with the Virginia Tech community; and abide by the other guidelines in this document. This is a project of the Women’s Center at Virginia Tech; if you have questions or concerns, contact Jen Underwood at 540/231-7806.