

#VTWoMo2019 Social Media Challenge: March 1-31st, 2019

Participate via Facebook, Instagram or Twitter and get as creative as you like just tag: @womenscentervt & #VTWoMo2019 so we can find you! We'll be sharing 25th anniversary swag throughout and prizes for completing all 31 days. Join the fun and follow along!

1. Share about a Women's Month event you are excited to attend!
2. Share a photo of a woman you admire. Anyone at all!
3. How do you take care of you? #selfcaresunday
4. Who's your favorite woman from the Magical World of Disney? Real or animated, good or bad - tell us about your favorite to love or not.
5. Repost from another woman run account!
6. Share a passage from your favorite novel written by a woman.
7. Take a selfie at one of our walking tour spots and tell us what you learned.
8. International Women's Day! Share something from an organization or woman highlighting their work to uplift women outside of the US! #IWD2019
9. Shoutout a Blacksburg women owned business you support!
10. Define your feminism. A quote or your own words. What does it mean to you!
11. Post about a movie you love that's directed by a woman.
12. Share about a woman from cultural background other than your own.
13. SPRING BREAK SELFIE! How are you taking a break?
14. Share a memory or story about a woman in your family. Tell us about her.
15. Share about a "first" for women or by woman in the last year 25 years.
16. Share your favorite song by a woman.
17. Share a photo of a historic women's rights activist who inspires you.
18. Welcome Back! We are still celebrating WoMo for the rest of March! Share about an event you are excited about coming up in our calendar!
19. Share about an issue affecting women that is important to you.
20. Shoutout a woman in sports...at Virginia Tech.
21. Full moon in Libra. Post a woman who represents Justice & Fairness.
22. My feminist friend. Post about your feminist bestie. Someone who just gets it.
23. Selfie your Saturday! How do you you enjoy your weekends?
24. Dream date. Pick 5 women throughout history...to have dinner with.
25. Share about the Women's Center!
26. Challenge sexism. Share something that calls out sexism.
27. Shoutout a woman in the Arts...at Virginia Tech.
28. Share a statistic or resource for Gender Based Violence - #TakeBacktheNight
29. Post something you learned this month about women at Virginia Tech.
30. Celebrate women's bodies. Share something body positive!
31. Share your favorite memory from #VTWoMo2019