

Black Women & Wellness Series

CELEBRATING WOMEN'S MONTH 2023

The Black Women & Wellness Series kicks off during Women's History Month through April

3/15
12noon
HIP HOP THROUGH A WOMEN'S LENS
Black Cultural Center

3/22
1pm
WOMEN, WELLNESS & YOGA
McComas Studio B

3/27
2pm
BLACK WOMEN & WELLNESS PANEL
Black Cultural Center

3/30
&
3/31
BLACK WOMEN & CULINARY HISTORY
Wallace 247 (kitchen) & Wallace Atrium

4/3
1pm
ANGRY OUT LOUD: THE BODILY AUTONOMY EDITION - PART 1
Asian Cultural Engagement Center

4/4
6pm
ANGRY OUT LOUD: THE BODILY AUTONOMY EDITION - PART 2
Black Cultural Center

4/21
&
4/22
FWCA CONFERENCE: CULTURE CAFE RESTORATIVE AFRO YOGA
Crystal Gateway Marriot | Arlington, VA

4/26
1pm
KEMETIC AFRO-FLOW YOGA SESSION
McComas Studio B

PRESENTED BY THE BLACK CULTURAL CENTER AT VIRGINIA TECH & UNIVERSITY PARTNERS



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College of Liberal Arts and Human Sciences Center for Humanities • Women & Minority Artist and Scholars Lecture Series (WMASLS) • University Libraries' Diversity Council (ULDC) Institute for Society, Culture & Environment (ISCE) • Women's Center at Virginia Tech • Food Studies Program and History Department • Virginia Tech Recreational Sports Virginia Tech Digging in the Crates (VTDITC) • Cook Counseling Center • Asian Cultural Engagement Center